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# BOOKS FROM NEPAL 1988

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## CONTENTS

Page

1. Anthropology & Sociology... ... ... ... ... ... ... ... ... ... 1
2 Commerce & Management... ... ... ... ... ... ... ... ... ... 1
3. Economics... ... ... ... ... ... ... ... ... ... ... ... ... ... ... 3
4. History & Culture... ... ... ... ... ... ... ... ... ... ... ..... 6
5. Language, Literature & Folklore... ... ... ... ... ... ... ... 8
6. Politics & International Affairs... ... ... ... ... ... ... ... 11
7. Cookery... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... 12
8. Miscellaneous... ... ... ... ... ... ... ... ... ... ... ... ... ... 13
9. Bibliotheca Himalayica... ... ... ... ... ... ... ... ... ... ... 14

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## ANTHROPOLOGY & SOCIOLOGY

### PEOPLF OF NEPAL

**Dor Bahadur Bista** Rs. 250.00

210 pp, 62 plates, 1 map.
5th edition' 1987

This book is the first comprehensive study of the various peoples inhabiting the Kingdom of Nepal. Isolated by rugged Himalayan ranges and valleys, the groups represented here have developed interesting, and often unique, cultural forms and institutions. Each of these are described and analyzed objectively by the author, Nepal's most eminent cultural anthropologist. Dor Bista has spent. many years in travel and field research throughout the country, during which time he also directed several development projects. Updated and revised, the book helps in understanding the colourful and intricated ethnic mosaic which is Nepal.

## COMMERCE & MANAGEMENT

### AGRICULTURE & INDUSTRIAL FINANCE IN NEPAL

**Paudel, MM** Rs. 180.00

180 pp, 1986

The Book presents about the development of agriculture, industry, financial institutions and industrial policy issues, financing Situation and achievement of NIDC, ADB/N, Commercial Banks, Cooperative development used in time series date are explained.



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INDO - NEPAL TRADE
PROBLEMS AND PROSPECTS

**Kishor Dahal** Rs. 180.00
76 pp, 1987

The book deals with the Problems and Prospects related to Indo-Nepal trade as well as impact of trade diversification policies of His Majesty's Government of Nepal on Indo-Nepal trade. Besides this the author has also given some concrete suggestions for improvement of trade relations between these two countries and an action plan to promote Nepal's trade with India

Since trade and industry are interrelated, the author has identified some potential areas of Joint venture for the foreign investors including the Indian investors in the Himalayan Kingdom of Nepal and has also referred to the policy and strategy related to foreign investment in Nepal.

This book will be useful not only to the students, research scholars, businessmen and investors but also to the policy-makers of both countries.

INDUSTRIAL ENTERPRISES IN NEPAL: Management Practices & Training Needs

**Suvedi, P / Others**
130 pp, 1985 Rs. 123.00

This book contents six chapters - I Introduction II. The Industrial Environment III. Management Practices and Performance IV. Management Training: Need and Prospect V. Organization for Training V. Organization for Training VI. Summary & Conclusions + Appendices.



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# ECONOMICS

BIKAS-BINASH DEVELOPMENT-DESTRUCTION:
The Change in Life and environment of the Himalaya
**Tuting, L and Dixit, K (Editors)** Rs. 120.00
400 pp, 1986

The book aims to highlite the links between ecology, So-called development and tourism in the Himalaya region. The editors, two journalists from W. Germany and Nepal, collected vast material and chose the most relevant from the journalistic rather than the scientific point of view, so that the reader may more easily understand the subject.

AN INTRODUCTION TO NEPALESE ECONOMY
Dr. **B. P Shrestha** Rs. 65.00
274. pp, 84 Tables
4th Revised editisn, 1981.

The book covers a wide range of factors important in economic analysis, materials and human resources, agriculture, large and small scale industries, banking and currency systems, foreign trade, fiscal policy, public finance. economic planning and development. After representing the latest data, the study concludes with an appraisal economic development as it relates to the Panchayat system in Nepal.

MONETARY AND CREDIT POLICIES OF THE NEPAL RASTRA BANK AND THEIR IMPACT ON THE NEPALESE ECONOMY.
**Reejal, P. R.** Rs. 220.00
1986 100 pp.

Recent development in the Nepalese economy has focussed attention and debate on monetary & credit policies of Nepal Rastra Bank which is the Central Bank of Nepal, written to clarify and



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satisfy this new interest. Since a lot of seriesdata are included, it can act as a reference guide to advanced and research students of monetary economics who are insterested in the problems of money & credit in the developing countries like Nepal. The book deals comprehensively with the questions of control of money supply, transmission process of monetary policy, effectiveness of monetary instruments & the process of financial development. All these questions are analysed empirically in the context of the Nepalese economy.

## MONETARY STRUCTURE OF THE NEPALESE ECONOMY POLICY ISSUES IN THEORY AND PRACTICE

ABOUT THE BOOK

**Gunanidhi Sharma** Rs. 168.00
243, pp 1987
ISBN-81-7003-076. 5

This study is a unique attempt to estimate and analyse structural relationships in the Nepalese monetary sector. The main objective are to ascertain whether money really matters, and if it matters what may be the possible channels through which monetary effects are transmitted, and what control techniques would suit Nepalese conditions. For this purpose alternative models of the monetary sector have been constructed, and the structural parameters estimated. The conclusions drawn by the study are: under the closed economy assumption, the control of primary money is a sufficient condition to regulate demand side of the economic activities, and under the apen economy assumption, the economy at present is not fully prepared for internal regulations. The lesson that can be derived is that unless supply shocks of the foreign origin superimposed on the domestic economy are kept under contral through changes in institutional arrangements, monetary factors will remain weak.



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## PERSPECTIVES IN REGIONAL PROBLEMS AND REGIONAL DEVELOPMENT IN NEPAL

Amatya, D B — Rs. 150.00
1987

This book presents an analysis of regional problems and development in Nepal. It will help the students teachers and planners who are interested in regional planning and development as applicable to the less developed economy.

The book is divided into-eight chapters. To begin with the regional problems and issuess are disussed and they are followed by a review of regional growth models in the context of Nepal's geography, population and pattern of migration. We have then made the quantitative measurement or regional problems as far back as the beginning of the Rana rule. Having discussed the origin of regional problems, we have examined the relevance of regional growth models in relation to Nepalese experiences.

In the penultimate chapter, we have attempted an overall assessment of regional development strategy as implemented in Nepal to reduce regional inequalities. Finally, we have included some alternative approaches more suitable to Nepal.

## PLANNING FOR AGRICULTURE DEVELOPMENT IN NEPAL.

**Paudel, M. M.** — Rs. 250 00
1985 — 216 pp.

The book analysis critical appraisal of development planning, planned policies, programmes and achievement in agriculture, twins facetsstagnation & dynamism, vivid overview of agrarian reform, institutional changes, research programmes, trend of agriculture inputs, production & productivity in different time series, present challenges in agriculture and diagnosis for solution.



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POPULATION AND FAMILY PLANNING IN NEPAL
**J. M. Tuladhar, B. B Gubhaju, John Stoeckel** Rs. 35.00
XXI, 144 pp, 4 illustrations, maps.
1st edition, 1977.

This monograph is the first attempt to bring together all available data on population in Nepal. It includes an analysis of the population censuses and focusses upon such crucial areas as birth and death rates and population; the question of the impact of shifts in the marital structures upon the birth rate; and a review of the activities of the family planning programme since its inception.

SALES TAXATION IN NEPAL
**Khadka, R. B.** Rs. 200.00
1986 144 pp.

The book is divided into four chapters. Chapter I discusses different types of commodity taxes. Chapter II traces the historical background of sales tax and examines its relative importance in the modern tax structure, analysis is based on the Nepalese & Indian Experiences. Chapter III analysis the shifting & incidince in order to find out the burden of sales tax. And Chapter IV summarises the main findings of the study.

## HISTORY & CULTURE

THE JUDICIAL CU TOMS OF NEPAL Part I
**Kaisher Bahadur K. C.** Rs. 125.00
438 pp., 31 plates, 2 maps.
2nd edition, 1971

The **Judicial Customs of Nepal** is the first major effort by a Nepalese to present the historical antecedents of modern Nepalese thought and world view, with a particular reference to the concept of Dharma (law). Drawing on the ancient traditions of the Indus Valley, India, and Central Asia, the author traces various threads of thought in relation to their evolution in Nepal



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among the Kiratas, Shakyas, Kolis, Licchavis, and Khasas. Several more parts are planned which will extend the analysis through to modern times and give full documentation to the present volume.

## THE KIRATARJUNIYA BY BHARAVI CANTOS I–VI

**Kaisher Bahadur K. C.**, translator and editor Rs. 22.50
270 pp , 1 plate.
1st edition, 1973.

This is an English translation of the epic poetry of Bharavi with extensive annotatinos by the translator explaining the context of the work. The poetry combines the mythic story of the heroes of the Indian epic, the **Mahabharata,** with glimpses of early Nepali history. In his ample commentary the translator points out recent inscriptional evidence found in Nepal, which tends to support the historicity of some of the poetry.

## THE KIRATARJUNIYA BY BHARAVI. CANTOS VII–XII

**Kaisher Bahadur K. C.**, translator and editor Rs. 22.5.0
240 pp.,
1st edition. 1974.

This is the second volume of Bharavi's poetry which covers the middle Cantos. It contains the same thorough annotation as in the first volume and also analyses a number of inscriptions. A third volume is planned which will complete the work through Canto XVIII.

## THE LOTUS AND THE FLAME

**Dhooswan Sayami** Rs. 35.50
178 pp.
Second (revised and enlarged) edition, 1980

This is an account on Nepalese culture, which, according to the learned author, is in its essence, the new face or phase of the Hindu culture, efflorescence of the Hindu values and views of life.



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The author, in this light, dwells at length on the various aspects of Nepalese life down from the festivals and festivities to the polity and poiitical personages in the country.

THE NEPAL FESTIVALS
**Dhruba Krishna Deep** Rs. 17.50
xii, 128 pp. Line drawings 26
2nd edition. 1982

A hand book on the Nepal festivals by a fairly noted writer who has been writing on this subject for more than the last fifteen years, gives you a fascinating picture of many a popular festivals andtheir ceremonial rituals embracing traditional beliefs and typical socio-religious values beautifully mounted with colourful lores and legends of the land with rich cultural heritage.

A SHORT HISORY OF NEPAL
**Netra B. Thapa** Rs. 55.00
188 pp.s
5th Revised edition

This is a brief compilation of the various kings and dynasties who ruled Nepal (of part of it) from earlest time to the modern day Shah Dynasty of Gorkha. In this revised and enlarged edition more useful topics like the Shakyas of Kapilvastu, the confusion about Manadeva I and Manadeva III. Raghavadeva and the Nepal era, the Saptakutumbas or Satapatras of Patan etc , have been included.

## LANGUAGE, LITERATURE & FOLKLORE

THE CUSTOMS AND MANNERS OF NEPAL
**Kesar Lall** Rs. 9.90
viii, 70pp
2nd edition, 1979

An interesting book on Nepal by a well-known author describing a large number of customs and manners of the Nepalese people.



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## ENGLISH IN NEPALESE EDUCATION

**Kamal Prakash Malla** Rs. 9.00

48 pages.

lst edition, 1977.

A collection of three lucid essays on the teaching of English in Nepal written by a will-known Nepalese authority on the subject.

## FOLK-LORES AND LEGENDS FROM POKHARA

**Karunakar Vaidya** Rs. 18 00

pp. 62. b/w plate 28

lst edition. 1983, 22×14 cm.

The stories are highly imaginative retelling the beliefs superstitions, follies, hopes and tears of the people. Some of these tales, in fact, form the basis of Nepalese customs today. This book is the very first of its kind so far to be ever published on pokhara Valley.

## FOLK TALES OF NEPAL

**Karunakar Vaidya** Rs. 20.00

132 pp. 10 illustrations.

5th edition, 1987. 22×14 cm.

A collection of 11 stories traditionally handed down in Nepali households from generation to generation. The book is a rough sampling of the kinds of folk tales represented in Nepal and is primarily intended for young people.

## JAPANESE CONVERSATION & BASIC WORDS

**Ram Krishna Verma** Rs. 22.50

84 pp. 1987

Originally designed to help people of Nepalese and Japanese origin interested in climbing, trekking, travelling and the like, this work contains, words of common use in daily life. As a basic Nepali-Japanese and Japanese-Nepali dictionary it is a useful companion for the beginners who have a little bit of knowledge in English.



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KHAIRINI GHAT (Novel)
**Shankar Koirala** Rs. 14.50
111 pp.
lst edition 1984

This small novel has all the ingredients of a best seller. It is packed with action and is sensual.

LORE AND LEGEND OF NEPAL
**Kesar Lall** Rs. 12.00
68 pp. 38 line drawings.
3rd edition, 1976. 22×24 cm.

In this well-illustrated volume the author has presented some of the folk tales emanating from Kathmandu, the capital of Nepal. The stories are highly imaginative retelling the beliefs, superstitions, follies, hopes and fears of the people. Some of these tales, in fact, from the basis of Nepalese customs today.

RATNA TREKKER'S POCKET-PAL-Nepali word and Pharse guide
36 pp. Rs. 15.00
First Edition 1986

THE SEVEN SISTERS AND OTHER NEPALESE TALES
**Kesar Lall** Rs. 20.00
vii, 56 pp. illustrated.
3rd edition, 1988 22×14 cm.

A continuation of "Lore and Legend of Nepal," containing thirteen stories from many parts of the country. IIlustrated by Tek Bir Mukhiya.

TEACH YOURSELF NEPALI
**Karunakar Baidya** Rs. 20.00
vi, 105 pp.
5th edition, 1986

A concise and simple introduction to the Nepali language, with a systematically presented grammar of Nepali.



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TIBETAN FOR BEGINNERS AND TRAVELLERS

**Melvyn C. Goldstein** Rs. 30.00

62 pp ,

2nd Edition, 1988

This work of the noted author of 'Tibetan-English Dictionary of Modern Tibetan' and 'Modern Spoken Tibetan : Lhasa Dial- etc', this little book proves a useful and practical guide for beginners and travellers, who want to communicate easily with Tibetans immediately and without special training. Apart from pronunciation guide and the briefest outline of the essential features of the Tibetan grammar, it contains general phrases and patterns, common names and patterns of daily and other uses like on trekking, shopping, travelling, etc.

THE WORDS BOOK (Roman) Nepali-English-Japanese and Japanese-English-Nepali.

**Tsutomu Nishimura**, editor Rs. 27.50

14.5×21 cm.

1st edition, 1983

Originally designed to help people of Nepalese and Japanese origin interested in climbing, trekking, travelling and the like, this work contains about 5000 words of common use in daily life as well as in religious and chemical practices. As a basic Nepali-Japanese and Japanese-Nepali dictionary it is a useful companion for the beginners who have a little bit of knowledge in English.

## POLITICS & INTERNATIONAL AFFAIRS

EVOLUTION OF PUBLIC ADMINISTRATION IN NEPAL : LESSONS AND EXPERIENCES

**Nand Lal Joshi** Rs. 30.00

186 pp.

2nd edition,

This book presents the development of Public Administration on the Historical perspective by tracing its historical growth since



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1950's in the area of reform activity undertaken by the Government in different occasions and before 1951 also organisation planning and General Administrative reform, Tracing civil services system, some challenges in 1970, lessons and experience, and Public enterprises.

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**Lok Raj Baral** Rs. 150.00

1987, pp. 148, ISBN 81 207 07842,

The book is a comprehensive overview of the key issues underlying Nepal and South Asian regional cooperation. Its thematic development is dominated by two main aspects: Nepal's search for economic independence by maintaining a balance between its two immediate neighbours, China and India, and by seeking as much participation in multi-lateral diplomacy as possible.

SAARC FROM DHAKA TO KATHMANDU

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Edition 1987

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Third Edition 1985

COOKING IN NEPAL.

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PP. Rs. 75.00 Cloth

First Edition, 1982. Rs. 52.00 Paper

Covering almost all varieties of Nepalese recipes as well as a number of international recipes, in careful detail, this work is a unique guide for those who are interested in cooking such recipes and tasting them.



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# MISCELLANEOUS

## MEDICINAL PLANTS OF NEPAL HIMALAYA

**N. P. Manandhar** Rs. 32.50

xii, 87 pp. 33 line drawings, 4 b/w ill.

lst edition, 1980

This work is an attempt to present the basic informations of the drugs for easy identification to the people whose field is different from botany but still interested in the same. Herein is presented the family names, vernacular names, trade names, habitat. description, local distribution, parts used, therapeutic use, domestic use, market sample, approximate quantity collected annually, collection and active constituents of 37 medicinal plants arranged alphabetically according to their botanical names. It also includes a glossary of Botanical Terms as well as of Medical Terms for the use of general readers.

## KAILASH:A JOURNAL OF HIMALAYAN STUDIES

An independent inter-disciplinary journal, published four times a year. Its basic aim is to give the younger generation a chance to have their material published and critically discussed along with contributions from the older savants in the field. KAILASH serves as a forum for students and scholars from both the east and west and attemps to make available in the Himalayan region more of the research done on the area.

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## SERIES I

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**Thomas Thomson** Rs. 130.00

Demy 8vo, xii, 501, 14 plates, 2 maps. (1852).
Reprinted 1979.

A thorough and comprehensive survey of the western Himalayas comprising the interior of the present state of Himachal Pradesh and of Ladakh. The Bibliotheca Himalayica edition includes additional beautiful 19th Century engravings and sketches of the areas covered in the book and an introducation to the 1979 edition.



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Vol. 12. THE ABODE OF SONW

**Andrew Wilson** Rs. 100.00

Demy 8vo, xxvi, 475 plates, 1 map. (1875)

Reprinted 1979.

A rather remarkable account of a journey along the Tibetan border in the present state of Himachal Pradesh and the valley of Zanskar. The Bibliotheca Himalayica edition is illustrated with contemporary engravings made by 19th Century artists who travelled throughout the Himalaya.

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**Colman Macaulay** Rs. 55.00

Demy 8vo. 106 pp. 22 b/w Photographs, 1 map. (1885). Reprinted 1977.

This is a reprint of Macaulay's report to the Lieutenant Governor of Bengal on his visit to Sikkim in October/November 1884. A very rare book, of which few copies were printed. All original photographs have been reproduced.

Vol. 17. DIARY OF A JOURNEY ACROSS TIBET

**Hamilton Bower** Rs. 95.00

Demy 8vo, xx, 310 pp. 1 chart, 30 b/w plates, 1 map. (1894). Reprinted 1976.

With an introduction to the 1977 edition by Hugh Richardson. An enjoyable and very instructive account of a journey across the then unexplored northern part of Tibet from Ladakh to Tachienlu in China.



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Demy 8vo, xvi, 452. 1 chart, 98 ill., 4 maps. (1898)
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Although two editions of this book appeared in 1808 and 1900, this book has been out of print and extremely difficult to obtain for years. It is an interesting and informative account of Sikkim with a large number of contemporary illustrations.

Vol. 20. TRAVELS IN NEPAL AND SIKKIM 1875-76

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Demy 8vo, vii, 148 pp., 1 colour plate, 13 b/w ill.. 3 mpas. ( 1881 - 1887 )
Reprinted 1977.

A reprint of the chapters dealing with Nepal and Sikkim in "Journals kept in Hyderabad, Kashmir. Sikkim, and Nepal" published in two volumes in London in 1887, and an article on the "Lake Region of Sikkim" published in 1881 in the Proceedings of the Royal Geographical Society. Ms. J. Gordon Temple has written the introducation to this 1977 edition.

Vol. 22. THREE YEARS IN TIBET

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One of the most exciting of all records or travel in Tibet. The Japanese Buddhist monk Kawaguchi travelled in disguise through Nepal (including Mustang and Dolpa), large parts of Tibet, and Sikkim.



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Vol. 23. JOURNEY TO MUSTANG

**Giuseppe Tucci** Rs, 75.00

Crown 4vo, 69 pp., 32 plates, 1 map.
Translated from Italian by Diana Fussell.
2nd English edition 1982.

Fisrt English translation of "Tra Giunglee Pagobe" which was first published in Rome in 1953 The account of the "Tucci Nepal Expedition 1952" from Kathmandu to Pokhara, Tatopani-Mustang--Baglung -Rummindei-Pokhara and back to Kathmandu.

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A limited edition of 500 copies of this extremely rare book which was first published in Amstrerdam in 1667. It contains the first account of Nepal and Tibet in any European language and also the first examples of Devanagari script published in Europe The table of contents, and part IV cotaining the description of Nepal ( Neebal ) and Tibet, has been translated into English from the original Latin.

Vol. 25. ROUND KANGCHENJUNGA

**Douglas Freshfield** Rs. 130.00

Demy 8vo, xvi, 367 pp., 43 plates. 3 map. (1903)
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A thoroughly scientific account of the Kang-chenjuga massif. This book has been out of print for over fifty years. The 1979 reprint edition has an introduction by Dr. Harka B. Gurung. The maps have been reproduced in full colour.



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**Mahesh Chandra Regmi** Rs. 350.00

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2nd edition 1969.

This is a reprint of Mr. Regmi's 4 volume work first publishes in California in 1963-68 with corrections and additions. Volume I: The State as landlord: Raikar tenure. Volume II: The land grant system: Birta tenure. Volume III: The Jagir, Rakam and Kipat tenure systems. Volume IV: Religious and charitable land endowments: Guthi tenure

An invaluable source of information on Nepal's agricultural economy.

Vol. 27. A NATURALIST'S ADVENTURE IN NEPAL
Search for the Spiny Babbler.

**Dillon S. Ripley** Rs. 90.00

Demy 8vo, 317 pp,. 1 Col. pl., 18 plates, 2 maps. (1952) Reprinted 1978.

Dr. Ripley visited Nepal in 1949 to collect birds for the Smithsonian Institute in Washington, of which he now is Executive Secretary. This is a vivid accodnt of his and his team's travels to the Eastern as well as Western Nepal.

## SERIES II

## LINGUISTICS-BIBLIOGRAPHY BIOGRAPHY—LITERATURE

Vol. 1. NEWARI ROOT VERBS
**Iswaranand Shresthacharya**
Demy 8vo, xii, 134 pp. 1882. Rs. 120.00



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'Newari Root Verbs" presents a systematic linguistic description, classification and complete list of 475 root verbs of Newari which are fundamental within the language. It also describes and lists the differnt non-verb formation which are made with these verbs and also notes the similarities with nominal verbs.

Vol. 6. DICTIONARY OF THE LEPCHA LANGUAGE

**G. B. Mainwarsng/A. Grunwedel**

Demy 8 vo. xvi, 552 ( 1897 ) Rs. 130.00
Reprinted 1979.

This is the only existing comprehensive dictionary of the Lepcha language as it is spoken in the Darjeeling and Sikkim hills. It is based on the material collected by George Byres Mainwaring in the 1970's and 80's. The final editing was done under the supervision of Dr. Albert Grunwedel the and book was first published in Berlin in 1898.

Vol. 8. LIFE OF MAHARAJA SIR JUNG BAHADUR OF NEPAL

**Pudma J. B. Rana** Rs. 100.00

Demy 8vo, xvi, 314 pp. 10 b/w photographs, (1909)
Reprinted 1974, 1979.

An account of Jung Bahadur's life and work by his son Pudma J. B. Rana, who died at Calcutta in 1909.

Vol. 9. TIBETAN-ENGLISH DICTIONARY OF MODERN TIBETAN

**Melvyn C. Goldestein** Rs. 275.00

Crown 4vo, 1234 pp.
3rd edition 1983



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Containing over 40,000 entries, this dictionary has already become a standard reference work for modern Tibetan.

Vol. 11 FOLK TALES FROM TIBET

**W. F. O'Connor** Rs. 65.00

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